# **Conversational Poetry**

November 2019

[11:38, 11/20/2019]

Hi Sarah - it's Maija - Do you want to do an experiment with me? A call and response experiment.

I send you a phrase and you send it back with changes from your point of view or from an imagined point of view.

Like echoes revealing differences and similarities for example:

I shaved my hair because...

or

The space between is...

So we end up with at least two lines on the same thread with evidence of divergent thoughts

and see what happens!

[11:45, 11/20/2019] sarah misselbrook: LOVE it!! maija liepins: perhaps we could distinguish between normal messages and game messages by putting a name first...

[08:06, 11/22/2019] Sarah: I left my home country in search of something other, an

alternative. I am still searching.

[08:57, 11/22/2019]: Maija: I left my home country like a horse bolting from the starting

block (don't think horses have starting blocks hmmm mixed

metaphor)

Maija: The first time I left my home country I was 8 years old

Sarah: I was 11. I've always known that I didn't belong. Why is it that I feel I belong where I 'shouldn't'? 'Home country' - what is that exactly? Where my family are? Where I was born? I came to live in a place where I couldn't speak the language, I had no relatives or

friends here and yet...

Maija: I left my home country in search of my people as New Zealand

didn't feel like my own (age 18)

Medusa: I left my home country to clear my name

Rapunzle: I left my home country in the dark of night, smuggled by

hands unseen

Skadrite: I left my home for Austria the day before the Nazi's marched

into my home town

[07:48, 11/23/2019] Maija: good morning xxx

[07:49, 11/23/2019] Maija: my day yesterday was demanding and today will demand more of me.

(show up, show up anyway?)

Maija says: there is a conflict between Inside and Outside Rapunzle's tower feels so tempting today Hunker down Retreat Withdraw Anger burns up the walls from the furnace of my heart Come close and the flames will lick you ves. Dancing in the fire That's my idea of a good day today. Alchemy transforming the elements at my borders New crystalline mementos... not gargoyle heads not medusa heads not lion heads not papyrus or paint pots flowers! yes, flowers Blooming like the night lily on the border between sky and pond.

Maija says: there is a conflict between inside – outside.

Do I keep up my walls
and perform, stoic as a buttress?

Do I dress myself in crocodile's
in a moat bordering my childish upswell
with a warning snap to give me time?

Time to feel
Time to think
Time to respond.

Aha, see, there is the conflict
Truly I don't fare well alone with my thoughts
Alone with my words
Alone with my ideas,
Running round and round in my head
like stale bread in tin.

There is the conflict:

How easy it would be to withdraw from the not me, the not wanted, the not cool, Paying the price in rigid conclusions and stony constructions encrusting my mind with a labyrinthine resolve to protect my ideas of self and other Suspended like a moth in a specimen glass Against my instinct My training My advice.

I need the outside, the other, the input battering my keep with the energy and colour of a summer rain creating rainbows in the autumnal chill To grow To learn

To revitalise:

The phenomena of intra-action
The entanglement of multiple beings
Be-ing in this life
This ecosystem.

The place between this Inside mood and Outside pull tugging at my skirts like twenty cubs, or a vigorous wind. How many mothers, parents, sisters, brothers feel harassed by the pull of other world desires? Two worlds meet in the space between.

I don't really desire solitude, just a place to stand where I can be; Be one of many on the lily pads Drinking from the top and bottom of an ecosystem that supports me (too).

### [09:06, 11/23/2019] Sarah says:

the ebb and flow of belonging or not.

the administration of a normal life

as a dead weight pulling at my ankles I long to float Like your lily pad

Skimming the surface but deeply

knowing

What is not the way forward With strong capillary action

connecting or not,

depending on the day

I am precious, as all animals are I, a lone tree, within this forest,

Swaving

In the November wind

For now, but perhaps not forever more

This valley with its trees,

And

abnormally large toads

Princes?

Wondering the valley looking for

their someone to save

And when I am on the rock

The soapbox
With nothing to say
I can merely respond

To your beautifully descriptive

prose

Which seems Conflicted, yes

Rightly demanding space Not the physical jutting for the

clinical

No, not the institutional But the metaphorical

A harmonious co-existence

A balanced
Death and life

Do not search for resolution Only the next question

In this series
Of existing
Ask the trees
Feel that wind
On your skin
Build the structure

Stand alone They will listen

As will I

[11:13, 11/23/2019] Maija: your words are music to my heart [08:39, 11/24/2019] sarah misselbrook: I read our 'words' to my niece and nephew over Skype last night. They were transfixed!

Rapunzle says: where is the border? Are you real or are you a voice in my own head? The words have become their own creation independent of the separation of I and other, today that is a gift to me, a year ago it was my prison.

Maija says: sometimes I just let the words flow without knowing what I'm saying. I was reading my poems and I found this phrase: zeitgeist non grata. I had to google the two words but was rewarded with discovering the combo is related to dissent. I wonder if it would make a good albeit obtuse title for a work

Sarah savs: 'Zeitgeist non grata' is a perfect title It is as if the voice is more defiant A silent protest A visual communication of this structured text When reading 'my' words Upon reflection I ask Is this me? Or are the words emanating from a character I am creating A distant 'enigma' A spirit of the times Hope Release These words are in The space between the carbon copy lies here

[09:03, 11/24/2019] Maija: wow!! My inner word mistress is gleefully flapping like a black be-robed hag on a windswept rock, dancing with the gleeful steps of a happy six year old. Bubbles of yellow joy and rainbow light within her frame as a world comes alive with the rhythm and texture and shape of crafted letters.

[09:24, 11/24/2019] sarah misselbrook: Sarah says:

an imprint a legacy a gift

It is as if By the mere act of typing These words I am defying Those who always said Could do better Yes, A gifted draftsman But not a natural writer And vet. Responding to you Is becoming A new form of expression In which I, for now, belong So thank you

[09:47, 11/24/2019] maija: Maija says:

No rules, no prescribed format, just the feeling of a word of its order and combination in the text Tumbling from the spout like water pumped from the well.

The mind is like the pump handle, not thinking the words at all, just releasing the flow with invisible hands; releasing this sun sparkled torrent. The water is sharply and breathlessly cold. Cold as ice from deep within the earth; from an underground lake of inspiration No thinking needed to unlock the gate.

And when we get out of our own way, no longer inhibited by ideas of what we should be and do and say, the response is immediately present Seeking articulation from the sparks of inspiration: moments of light pulsing like stars in a map of isolated sky drenched through with the waters fertilising those glowing seeds that dream of a life in us.

I am a wisdom keeper a life giver creator in the space between a life and a death Music maker in the living breath animating worlds within perception there is no world without the creatures seeking expression of their natures.

It's lonely in the tower when it becomes untethered from the ground beneath / and hair trails like roots from an upstairs window seeking the soil like an upturned tree.

I guess then I must concede, the fibres of my connections deliver me what I need

To thrive

To contribute

To sustain

[13:24, 11/24/2019] maija:

Rapunzle says: I didn't shave my head to reject anyone, but to redefine myself and communicate my position. I had work to do, I was undergoing a re-write of my story.

Yes, I always thought we'd do well to live more like the trees.

Maija says: like the trees withdraw their energy from their leaves in the winter

(causing the fall of flame bright colours)

[17:09, 11/24/2019] maija: remembering to echo...

Maija says: It is as if By the mere act of typing These words I am defying the idea that I could never be understood
that the meaning is lost in translation
(rendering it nonsense)
as i realise my meaning is already fading
like the line in the sand that a retreating wave makes,
edging the sand with ocean spittle for pause
It's a memory and a ghost
a transient thing
Belonging to a moment past, to her
before the swell surges in again.

And I am soggy on my rocky outcrop
That is blackwet and sea kelp threaded
Listening to the roar of wave power
Marvelling
at the meaning co-created
revised
remastered
not to overwrite or underwrite
update or remediate

Rather we write like the surf marks the beach A beauty to behold in the sound and the patterns of life creating itself in every moment fresh as ocean breath.

[17:30, 11/24/2019] maija: remembering to echo...

Maija says: The ebb and flow of belonging or not the shifting plains of my heart a whisper of wind of voices of feeling trembling through me again in colour in motion Touching me with impressions lighter than the invisible deeper than the incredible A whisper in a name a song an impulse in a message.

Bodily known
Emotionally sown
touching and being touched by the world outside my skin
No one ever talked about how sensitive we are
how sensitive we can be
What it's like to feel it all and be
Sovereign responder
not sea sponge or people pleaser.

Gathering by the square invited to claim the soapbox as our own a common land I see none of the youthful bolshishness of our first formation

There is talk of emotions, anxiety and insecurity when faced with uncertainty, tentative hesitation and frustrated complication and all of it open like flags in the air.

An emotional ocean finding a voice

Blowing in and tangling in my hair

A new zeitgeist of feeling?
Of emotional authenticity
And whole person welcomed in.
Dare we hope to call all our fragments home?
The child
The outsider
The tribal
The leader?
What world is this
and is it new?

#### [08:23, 11/25/2019] sarah misselbrook: Sarah says:

This morning
I am circumnavigating the bowl of nature
A natural amphitheatre at the mercy of
Drought, flood and fire
Which sculpts the land,
cremates the branches
and cracks the soil.

My body acts and reacts
Working with the valley and its forest
as a line of defence
Protecting all life
A cohesive community
You will save me and I you.

This virtual connection
Passing the baton
Almost echoing
My lone voice
Surging and swelling
I SHOUT in isolation
to your whispers
Disturbing the surface tension
In search for the genuine.

Am I now the 'prescriber'? Have I adopted 'that role'? Or is it enough just to ask? Of myself, of you, Constant questioning,

#### Flowing in with such strength Then ebbing away with reassuring self-doubt.

[08:47, 11/25/2019] maija: yes!! freedom to think



#### [08:53, 11/25/2019] sarah misselbrook: Sarah says:

Something appealing in not knowing In always asking Of you, of myself Never accepting That it is enough It's insatiable There are moments of realisation that move me forward

But perhaps the self-doubt is where I learn more About myself About this place About why Or maybe it's an acceptance of something I will never truly know

## [17:42, 11/25/2019] Maija: maija says:

There is something appealing In not knowing Also not showing my colours. The uncertainty is like a drug Soothing my unwillingness to comply to decide

to choose one mark over another on the map of Possibilities.

Paralysis medusa

She's another name for jellyfish, that medusa

In multiple languages:

Medusa.

Liberating

I imagine there's a jelly that

Attacks the nerves

the reflexes

the body

Like the snakes attack

with psychic persuasion

Any thought form trespassing up the stairs.

Choose your potion wisely.

I think the greatest freedom

must be the freedom to

adjust

to try

to learn

to arow

To experience all the things

Not just one thing

- over and over -

in a repetitive loop

Like a child who hasn't seen it modelled:
The self soothing acceptance
The self supporting acknowledgement
The space to just be
Witnessed
Contemplating choices
without pressure sucking bias
exerted from without.
Within; retreat, self doubt,
Confusion.
An unconscious stare
on the face between.

# [18:09, 11/25/2019] maija: Maija says:

Am i now the prescriber? the Refiner, the decider The describer? Why did I reject that role forsake that certainty Running round and round my head like a rabbit in a pen? To SHOUT without isolation would be to be HEARD by ears to hear and then My words aren't mine anymore and sometimes i'm just not ready to release them share them translate them their WEIGHT I bear.

It's ok to doubt, Sarah says.

Drawing a circle that could be a square with four faces a red a black a white and a yellow face if I wanted. This is where my thoughts take me

It shows a well rounded viewpoint

Treading down the sand with Repetitive pacing

a medatative dance a process enacted Face the directions and feel what you feel notice what you see sound what you hear speak what you think move when you need to and Be.

Maija says: My body acts and reacts silent spaces morning faces messy movements fumbling for a new stride she clambers into trees and dances between earth and sky listening for the orchestra of happenings and I Notice more these days the opening constricting tensing relaxing waning invigorating deadening re-member-ing.

[08:00, 11/26/2019] maija: good morning and welcome to Tuesday! xxx it's raining here with clouds hanging low. Some birds have just started cheeping (a wall of high pitched sound as if there is one hundred)

[08:13, 11/26/2019] sarah misselbrook: Sarah says:

It's as if there is a second Spring in the valley
It is 24 degrees, warm and dry and yet the North facing side of the valley is full of life

[08:14, 11/26/2019] maija:

Rapunzle says: I watch the weather with Pathetic Fallacy like some people listen to music to find their mood in it

Maija says: Aaaaarg WHAT!? I just googled that and the literary term for personifying the weather with emotions IS Pathetic Fallacy! Judgemental fuckers.

[08:16, 11/26/2019] Maija: (its interesting how my writing mood has changed from whimsical to bolshy... i love the repetition of daily... thank you so much for that idea!) ... bolshy isn't the write word. grumbly?

[08:20, 11/26/2019] sarah misselbrook: Sarah says:

A trick of nature I begin to awake With the birdsong Filing this amphitheatre

Chatter Chatter Chatter

Repetition is reassuring Bolshy? Perhaps

Sharpening elbows at the morning market Akin to the aging women in the village

Over coffee Gossip Gossip Gossip

And so much love

The days are short like yours But there is so much life No leaves have fallen yet That will take place in January

And even then only the fig bares its branches

Repetition Cycles Moonlight Period.

[08:25, 11/26/2019] maija: Maija says: Blown away again. Wait, not blown away, *blown in*, into my my heart, intense as standing too close to a fire: this joy your words are in me.

[08:32, 11/26/2019] sarah misselbrook: Sarah says:

Pathetic Fallacy
I am learning each day
Something new from you
So thank you

Then to connect Or dismiss

That is the freedom of this

I recall my words from blockchain

Whether the weather allows

It governs me

Not only does it affect

Mood and text

But daily activity

Chopping wood to keep warm Preparing for the evening chill

Or

Sitting still

in summer in the shade To draw with sweaty hands

I am guided

A large comforting hand taking

mine

And showing me the way

Naturally.